

ELECTRIFYING LIGHT SHOW FOR ROSE HILL



Fran Gardner with Martin Whittaker and Kevin Taylor from Scottish and Southern Energy Contracting. Photograph by Kasia Bus.

TO MARK the start of the Christmas season, a wonderful community celebration will be taking place on The Oval in Rose Hill on Saturday, 8 December.

Rose Hill residents are in for a treat with an official switch-on of the Christmas lights, carol singing, music, and a food festival. Father Christmas and his elves will also be paying a special visit to the Community Centre to spread festive cheer and hand out some presents

to all the children!

Fran Gardner, Rose Hill Community Worker at GreenSquare, is organising the event with her colleagues Ali Hall and Asha Rogers, using funding from GreenSquare's Big Lottery Fund Cultural Food grant. The grant funds events on Rose Hill which draw diverse sections of the community together to eat, socialise and have fun.

Scottish and Southern Energy Contracting (SSE) have stepped in

to offer much needed support for the event. SSE will be funding the cost of a team of staff to decorate trees on The Oval with hundreds of lights, plus providing the power to light the trees for the six-week period.

Fran explained: "I would like to say a really big thank you to SSE for their very generous support. Without SSE it would be virtually impossible for me to stage this event – their knowledge, advice and expertise is invaluable to me.

"We are doing something a bit different this year and decorating four large trees which are already located on The Oval – they should look very impressive with all their lights on. But that does add extra work for the SSE teams as they have four trees to light not just one!

"Although everyone in our community celebrates Christmas in different ways, this is a fantastic time for people of all cultures to come together with family and friends, to

celebrate, socialise and have fun. It promises to be a joyous occasion and I hope that everyone comes along and gets into the spirit of things."

Graham Elliott from SSE Contracting said: "We are only too pleased to offer our services in support of the event; we know from our experience last year and the appreciation shown by the residents of Rose Hill that it is something they look forward to.



Rose Hill and Littlemore Children's Centre
Eid Festival photos: Centre page.



What's happening at the Rose Hill Junior Youth Club?
Find out on page 10

ALSO IN THIS ISSUE

Community Response Team: 2
Advice Centre: 5
Health Bus: 5
Littlemore Library: 9
Tenants and Residents Assoc: 11
Youth Clubs: 10
Church News: 11
Sport: 12





FIND US ON FACEBOOK!

BE the first to 'Like' the new Rose Hill project Facebook page! To keep updated just search for 'Rose Hill Regeneration Project'.

There's photos from all our events, volunteer training opportunities and news on upcoming events. See you there!

ROSE HILL NEWS

ISSUE 20
NOVEMBER 2012

ROSE HILL NEWS is a not-for-profit newspaper dedicated to providing news and information to the whole Rose Hill community. We are not affiliated to any political party, and we operate an equal opportunities policy. We encourage any resident to get involved in our work.

Produced with help from the Leys News Editorial and Design team

Rose Hill News management and production team:

Jamie Clark
Ali Hall
Asha Rogers
Kasia Bus
Tara Al-Salihi
Normalisa Chasokela
Peter Wilkinson

Acting Editor:
Fran Gardner

For further information or if you would like to get involved, please contact:

Rose Hill News
c/o Fran Gardner
GreenSquare
244 Barns Road
OX4 3RW
☎ 07770 324 277
E: rosehillnews@gmail.com

Produced with the support and financial assistance of:



What time is it? Tea Time!

THIS term, the children and play workers of Rose Hill Junior Youth Club enjoyed a trip to see Tea Time, an Oxford Playhouse Production devised and directed by Toby Hulse at the Burton Taylor Theatre in Oxford, after The Oxford Playhouse made a generous donation of tickets to the club.

Anna Wheatley and Jesse Meadows delighted us with tales and songs all about tea time in their house. They fought off scary ham-burglars and made a lot of mess with chocolate mousse. Who knew that tea time could be so much fun!

The children said that the play was really funny and that they wanted to go back to more shows, although they also commented that their mums would be very cross if they made such a mess in their kitchen! Thank you to the Oxford Playhouse for making this trip possible.



Photo by Madeleine Woolgar

Get aboard the HEALTH BUS!

The Health Bus will be visiting Rose Hill on:

● **THURSDAY 22 NOVEMBER**

10.00am–4.00pm, at the Children's Centre

See page 5 for more details

NEXT ROUND OF COMMUNITY FIRST FUNDING CLOSES ON 16 NOVEMBER

IF YOUR GROUP IS BASED IN ROSE HILL OR IFFLEY AND NEEDS SUPPORT FOR A PROJECT YOU CAN APPLY FOR UP TO £750

IT'S A GREAT OPPORTUNITY!

For more details or application forms contact
Cheryl Snudden on 01865 252646 / 07833404411
email communities@oxford.gov.uk
Fran Gardner 0770 324 277
email fran.gardner@greensquaregroup.com

The following deadline is 18 January 2013

COMMUNITY RESPONSE TEAM NEWS

By Lin Phillips Lead Officer for Rose Hill, Littlemore and Iffley

THE team is now up to full strength, which is ten officers, and the new members are settling in with the 'oldies' really well and getting up to speed on all the procedures.

During the last two months the number of live cases we have in the area has reduced from 24 to eight, which is excellent news as this shows how much Anti-Social Behaviour has dropped in Rose Hill, Littlemore and Iffley.

Now that the ASB has reduced so much, this will give us more time to concentrate on Environmental issues, such as fly tipping, waste in gardens and bins being presented for collection incorrectly and at the wrong time.

Bins should not be out on the street any earlier than the evening before collection day and should be taken back into the garden the evening of collection day, at the latest. Letters will be sent to any household not following this criteria and any further breaches could entail a fine.

You can now follow us on Twitter:

(CommunityResponse@CROxford)
You can also contact us on 01865 249811 and ask for the Community Response Team if you have any problems you feel we may be able to help with.

Linda Phillips, Community Response Team Officer
01865 335492 / 07795301234
email: lpillips@oxford.gov.uk

TRANSLATIONS AND LARGE PRINT

If you would like to have any part of Rose Hill News explained or translated, or you need to read it in a different format such as large print, please contact Fran on 07770 324277 or email fran.gardner@greensquaregroup.com

Kama ungependa sehemu yoyote ifafanuliwe au kutafsiriwa, au liwe katika umbizo tofaut kama vile chapa kubwa, au katika kanda ya kusikiliza, tafadhali wasiliana na sisi kwenye nambari ya simu 0800 980 9272 ili kujadili mahitaji yako.

यदि वसको कुनै अंश व्याख्या गर्नु परेमा वा अनुवाद गर्नु परेमा, वा फरक फर्म्याटमा वा अडियो टेपमा चाहिएमा कृपया तपाईंलाई के चाहिएको हो सो सम्बन्धमा कुरा गर्नु परेमा 0800 980 9272 मा सम्पर्क गर्नुहोला ।

گراپ کو اس کے کسی بھی حصے کو سمجھنے کے لیے مدد چاہئے یا اس کا ترجمہ درکار ہو تو
وائے مہربانی اپنی ضرورتوں کے بارے میں بتانے کے لیے نمبر 0800 980 9272 سے رابطہ کریں۔

Ako biste željeli objašnjenje ili prijevod nekog dijela, ili drugačiji format, kao što je izdanje sa većim slovima ili na zvučnoj traci, molimo vas, nazovite nas na 0800 980 9272 i priopćite nam vaše potrebe.

ਜੇ ਤੁਸੀਂ ਇਹਦੇ ਕਿਸੇ ਹਿੱਸੇ ਦਾ ਮਤਲਬ ਸਮਝਣਾ, ਜਾਂ ਇਹਦਾ ਤਰਜਮਾ ਆਪਣੀ ਥੋੜੀ ਵਿਚ ਬਰਵਾਉਣਾ, ਜਾਂ ਇਹ ਰਸਾਲਾ ਕਿਸੇ ਹੋਰ ਰੂਪ ਵਿਚ ਲੈਣਾ ਚਾਹੁੰਦੇ ਹੋ - ਜਿਵੇਂ ਵੱਡੇ ਅੱਖਰਾਂ ਵਿਚ ਜਾਂ ਸੁਣਨ ਵਾਲੀ ਟੇਪ 'ਤੇ - ਤਾਂ ਤੁਸੀਂ ਆਪਣੀਆਂ ਲੋੜਾਂ ਬਾਰੇ
ਹੱਸਟ ਲਈ ਫੋਨ ਨੰਬਰ 0800 980 9272 'ਤੇ ਸਾਡੇ ਨਾਲ ਗੱਲ ਕਰੋ।

আপনি যদি এর কোন অংশের ব্যাখ্যা অথবা অনুবাদ চান, অথবা বড়ো ছাপার অক্ষর, অথবা অডিও টেপের মতো অন্য কোন ভাষাতে চান তাহলে আপনার প্রয়োজনীয়তা আলোচনা করার জন্যে অনুগ্রহ করে 0800 980 9272 নম্বর ফোনে আমাদের সঙ্গে যোগাযোগ করুন।

إذا أردت ترجمة أو تفسير أي جزء من هذه أو بصيغة أخرى، على سبيل المثال، بالأحرف الطباعة الكبيرة أو على شريط
كاسيت صوتي، فيرجى الاتصال بنا على الرقم 0800 980 9272 لمناقشة احتياجاتك.

اخبار روز هیل - صحیفه المجتمع المحلي الخاصة بـ روز هیل

Rose Hill Fun Day

Saturday 17 November - 10am to 8pm

www.oxford.gov.uk



Choose the option you want for your community centre

الخيار الذي تريده لمركز المجتمع الخاص بك

'तपाईंको सामुदायिक केन्द्रको लागि आफूले चाहेको विकल्प रोजनुहोस्'

आपणमाय कमिनिटी सेंटरका लागि आपणमाय चाहेको विकल्प चयन गरि

اپن کو منتخب کریں جو آپ اپنے کمیونٹی سینٹر کے لئے چاہتے ہیں

Chagua chaguo unalolitaka la kituo chako cha jamii

Proszę wybrać opcję, którą chcieliby Państwo dla swojego ośrodka kultury

The options:

One option is to build a new community facility bringing together several local services under one roof including the community centre, social club, advice centre, sports pavilion and the youth club. The centre would be built on a new site near the Co-operative Nursery.



The other option is to refurbish the existing community centre. The pavilion and advice centre would remain where they are.



Who can register their choice?

All Rose Hill residents aged over 11.

Where and when can I register my choice?

Anytime between 10am and 8pm at Rose Hill Community Centre, The Oval, Rose Hill, Oxford OX4 4UY.

How can I register my choice by post?

Contact Communities and Neighbourhoods on 01865 252828 to request a postal pack.

Where can I see the plans?

12 November - Rose Hill Community Centre Ballroom from 5pm - 8pm

13 November - Rose Hill Community Centre Ballroom from 3pm - 5pm

14 November - Advice Centre from 9am - 12pm

15 November - Childrens Centre from 11.30am - 2pm

17 November - Rose Hill Community Centre from 10am - 8pm

Come along, make your choice and then enjoy a fantastic fun day including:

- **FREE** Face Painting
- **FREE** Live entertainment and music including a swing band and local singers
- **FREE** Bouncy castle and ball pool
- **FREE** Xbox competition
- **FREE** Food and soft drinks

What happens next?

Your choices will be used to inform Oxford City Council's final decision.



Building a world-class city for everyone

DON'T PASS THE BUCK

Your rubbish is your responsibility


If you pay someone to remove your rubbish, ensure:

- They're legal: ask to see their Waste Carrier's Licence
- You get a receipt
- You note the vehicle registration.



If your rubbish is illegally
dumped, **YOU** could
be prosecuted.

For more information, or to report fly-tipping, visit www.oxfordshirewaste.gov.uk
contact your district council or email owp@cherwell-dc.gov.uk

 Oxfordshire Waste Partnership

Your local councils working together to improve your environment

Cherwell
DISTRICT COUNCIL
NORTH OXFORDSHIRE


OXFORD
CITY
COUNCIL


OXFORDSHIRE
COUNTY COUNCIL
www.oxfordshire.gov.uk
Working for you


South Oxfordshire
District Council
Listening Learning Leading


**Vale
of White Horse**
District Council


WEST OXFORDSHIRE
DISTRICT COUNCIL

Rose Hill and Donnington Advice Centre

By Jamie Clark

THE Rose Hill and Donnington Advice Centre, in Ashhurst Way, helped 1,619 people from April 2011 to March 2012, and with the proposed changes to the benefits system, even more people will be seeking advice.

Centre director Carole Roberts is part of a four-person team, with Sharon Bates, Julie Woodley and Sarah Meziu. Carole said: "We're always busy. We've already helped over 1,000 people since April this year which goes to show that the cuts to benefits are really hitting people hard."

Changes in benefits, which are being phased in from April 2013 can have a big impact on people particularly those with families.

Most benefits, including Housing Benefit, are due to change to the monthly Universal Credit, which will be transferred in one lump sum.

Some of the changes due to go ahead include scrapping secure tenancies, meaning that a landlord will not need to consult tenants on rent increases, and housing benefit for under-25s will also be stopped.

And from next April there will be no more paperwork, as it will all be done online. Carole said: "We're hoping to get more computers through fundraising, so that we can help people through

BENEFIT CUTS HITTING HARD

the first few stages of their claims, and help them set up their own private email."

A recent customer satisfaction questionnaire showed that the majority of people who used the service were very satisfied, and everyone agreed that Carole and the team are informative and listened to what they had to say. Carole said: "We believe in what we're doing and most importantly people trust us, because we've been there too."

Last year they helped prevent 22 people from becoming homeless and aided 104 people with debt relief orders. They can also help out with food vouchers, which can be used at Food Banks across Oxford.

So, if you need some advice, call Carole and the team on 01865 438634 or write to them at Rose Hill and Donnington Advice Centre Ltd, 60 Ashhurst Way, Rose Hill, Oxford, OX4 4RF.



Advice Centre staff ready to help you. Photograph by Kasia Bus.

Fundraising Walk

LAST week over 30 people took part in a walk to raise money for Rose Hill & Donnington advice centre.

The centre provides confidential and most importantly, free advice to people in Rose Hill about debt, benefits, mortgage payments, money management and other financial concerns.

The walk was attended by local families, advice centre staff and the deputy lord mayor Councillor Mohammed Abbasi.

The money raised will go towards a new interview room and to fund another case worker for the centre.

Helen Foreman, a trustee of Rose Hill & Donnington advice centre, said: "It is increasingly difficult to manage the work load with the



current staffing levels."

The advice centre in Ashhurst Way helped 1,619 people from April 2011 to March 2012 and staff have helped 931 people between April to August this year.

The walk started at the church hall in Church Way, Iffley at 2pm and followed a route of the Thames towpath through Donnington Bridge, Magdalen Bridge & Folly Bridge.

CHILDREN'S CENTRE

Health Bus event: November 22

THE Health Bus is coming to the Children's Centre in November, and we hope to see lots of local families there. In addition to the usual health checks available on the Bus with the nurse, we will be promoting some topics particularly relevant for the health and wellbeing of children and families for example Dental Health, Stop Smoking and Immunisations.

All parents want their children

to have good, healthy teeth and a lovely smile. Making sure children get into the habit of brushing their teeth twice a day with a fluoride toothpaste, having regular checks with a dentist, avoiding sugary, fizzy drinks, and having a good diet is all important for dental health. We hope to be able to offer free toothpaste and some other 'goodies' on the bus that day.

Making sure children have all their routine childhood

vaccinations is the most effective way of protection against serious infectious diseases. For many of the diseases we immunize against, there is no cure so we vaccinate to prevent our children from getting ill. Immunisations also help to prevent outbreaks of infectious diseases, but only if the majority of the population is immunized.

Do come along to the Health Bus and have a chat with Rosemary the Immunisation Manager, who will be there 10am -12noon. Bring your child's 'Red Book' and we will be able to advise you and assess whether your

children are up to date with their immunizations. We won't be giving vaccines on the bus, but we can help you make appointments to have this done at your GP surgery.

The Children's Centre health visitor, Gro Salter, is trained to help you to stop smoking and can prescribe nicotine replacement therapy, such as patches. We will be promoting stop smoking on the health bus, and would like to see anyone who is thinking about stopping.

We hope to see lots of you on the Health Bus on 22 November! Appointments available all day from 10.00am

Opportunities to study in Oxford

ruskin college
teaching to make a difference

Let Ruskin College change your life!

Ruskin College Oxford offers:

- a second chance in education, even without qualifications
- the opportunity to learn with other adults
- plenty of support from tutors
- a diverse student body committed to equality
- short courses restarting in September - preparation for work or study

Places still available for September 2012

It's not too late to apply for a FREE* one-year course starting in October!

Want a degree but have no previous qualifications? If the answer is YES, then Ruskin College, Oxford is for you!

For a full list of courses that Ruskin has to offer, visit our website or to speak to someone, contact the details below.

01865 739430
shortcourses@ruskin.ac.uk

For short courses contact:
01865 739432
shortcourses@ruskin.ac.uk

Follow us on

Ruskin College
Walton Street
Oxford
OX1 2HE

*If you are aged 16+, study full time, haven't had 100% funding and have lived in the UK for 3+ years

www.ruskin.ac.uk

Ruskin College is approved by The Open University as an approved organization in the higher education programme leading to Open University validated awards



EID FESTIVAL CELEBRATIONS!

THE Lottery Project teamed up with the Rose Hill and Littlemore Children’s Centre to put on a party to celebrate EID, the end of the Muslim festival of Ramadan. This family-friendly celebration included wonderful Asian food, a visit from Mr and Mrs Mouse, and even a lesson in Bollywood dancing from our friend Tanya at White Star Performers!

To see lots more photos go to Facebook and search for Rose Hill Regeneration Project.

All photos by Kasia Bus



Want to quit smoking?

NHS

Use your local NHS Stop Smoking Service and you’re up to **4 times** more likely to succeed.

- Free expert advice
- Prescription stop smoking treatments to help beat cravings
- Ongoing support from an NHS trained adviser

Call us today on **0845 40 80 300**

Because life’s better Smokefree.

Oxfordshire Smoking Advice Service
supporting people through the process of quitting

SMOKEFREE

Michael's Pumpkin feeds his neighbours!

LAUNCHED in September, the Alice and Margaret House Lunch Club is proving very popular with Rose Hill's older residents.

Lunches are made even better by having locally grown food as part of the meal. At this week's lunch residents were able to eat roasted pumpkin grown on Michael Fernandez's allotment.

Rose Hill Primary School children also supply home grown vegetables to the lunch club from their vegetable garden.

If you are interested in coming along to one of the lunches, please contact Fran Gardner 07770 324 277 for more details.



A SPECIAL DAY FOR NEPALESE CULTURE!

THE Nepalese Community Oxfordshire (NCO) funded by Community First, organised a special event for the Rose Hill community in September at the Community Centre and The Oval.

Everyone came in high spirits to take part in the event. The programme started with the traditional limbu chabrung dance depicting limbu culture and tradition. Binod Limbu, Akash Rai, Ilias Limbu, Smena Limbu, Sapna Limbu and Christina Limbu performed the dance so elegantly that everyone seemed mesmerised. The dance was choreographed by Mr Nar Narayan Limbu. Similarly Laoti Limbu, Astha Rai, Swastika Limbu and Anita Rai also performed the traditional Nepalese dance.

A Taekwon-do demonstration under the supervision of Master A. Mitchell took place with great energy and enthusiasm. Students of Mount Everest Taekwon-do-school demonstrated patterns and their self defence skills.

After the light lunch the outside activities began. The tug of war between parents and children were played in two different groups. Fathers verses sons and mothers verses daughters. Unfortunately fathers lost but mums were proud to retain their title!



Photograph by Tira Paudel.

Afterwards musical chairs was played in three different groups. The winners of each group were extremely happy to win their prizes. Everyone enjoyed the day.

The day ended with certificate distribution and short speeches by Mr. Lochan Limbu the new president of NCO and Mr. Krishna Senehang.

Last but not least we would like to thank Deacon Carole Smith, Lois Muddiman, Simon Kneafsey, Fran Gardner and the police support officers for their help and time. Once again NCO likes to thank everyone for making the day a wonderful experience.

A big thank you everyone.

FUNomusica Family Concert

ON SUNDAY 21 October Alasdair Malloy will join Oxford Philomusica at the town hall for another of their much-loved FUNomusica family concerts.

This concert, called 'Animal Antics', will celebrate members of the animal kingdom big and small, so expect to hear some tuneful tigers, melodic mice and harmonious hamsters as the Orchestra explores the creatures of our world in musical style.

From 2pm there are a variety of musical craft activities to get involved in as well as the opportunity to try out orchestral instruments. To get into the zoological theme audience members are encouraged to come dressed as their favourite animal!

Oxford Philomusica's FUNomusica family concerts are different. No sitting stiffly and listening raptly: they encourage audiences of all ages to have fun with music.

Tickets cost £8 for adults and £2 for children, and are available now from 01865 980 980 or www.oxfordphil.com

Are you doing everything you can to recycle?

4 out of 5 bags of waste we throw away could be recycled, please use your blue recycling bin and food waste caddies to recycle as much as possible.



Food waste recycling

YES PLEASE
Collected weekly

meat & bones	dairy	tea & coffee grounds
bread & pastries	fish	fruit & vegetables

Line caddies with 100% corn-starch compostable bags or wrap food in a sheet of newspaper

What goes in your recycling bin?

YES PLEASE
Collected fortnightly

newspapers & magazines	mixed glass bottles & jars	plastic bottles	cardboard
mixed paper & card	aerosols	cartons	household plastic packaging
		food tins & drink cans	telephone directories

NEW! Recycle Batteries

Household batteries can now be recycled at the kerbside.

Please present your batteries in a clear plastic bag, such as a sandwich bag, on top of your green or blue wheeled bins on your collection day.

The power to recycle!

It's now even easier for residents to recycle small electrical items such as toasters, kettles and hairdryers with the arrival of nine pink recycling banks in the city. The closest banks to Rose Hill are:

- Tesco Car Park, Ambassador Avenue
- Sainsbury Heyford Hill

If you would like advice on recycling or more information please log onto www.oxford.gov.uk/recycling email recycling@oxford.gov.uk or call 01865 249 811



Breaking Isolation

MANY people who settle here in Rose Hill are living thousands of miles away from their families. It can be very difficult to meet people and make friends when you do not speak much or any English. This is why Rose Hill Children's Centre is such a haven –providing support to people from all parts of the community.

Nassira Jmil came to Oxford from Morocco in 1980. When Nassira started her job in the Children's Centre in 2008 she was asked to start a group for Arabic speaking women in the community.

At the time Nassira did not know many other Arabic speakers but soon, through word of mouth the group was providing support and friendship for 18-20 women from countries such as Morocco, Syria, Egypt, Turkey, Iraq and many more.

For many of the women who attend the group it is the only opportunity they get to meet with other Arabic speaking women. Some of them were very isolated and lonely having no family here in the UK.

Dilber from Turkey joined the group after her Health Visitor sent Nassira to visit her. She said: "I had no family or friends here in Oxford and no English. The group helped me a lot. I am a very sociable person and I was going crazy at home on my own. I really wanted to get



Photograph by Kasia Bus.

By Aishah Ball

out. Now this is like a home from home. I have made a lot of friends and I love them all."

The group offers the women all sorts of activities and opportunities to develop new skills, and enjoy themselves. Crafts such as mosaics, glass painting, and sewing; pampering sessions and aerobics, including Zumba; barbeques and parties to celebrate various festivals during the year; regular outings to places like Chessington World of Adventures and the Cadbury's Chocolate factory; and guest speakers giving advice about health and nutrition, or about

services available to them.

All of these things helped to widen the horizons of the women and many of them took the opportunity to educate themselves and improve their English and Maths or do other courses like First Aid, Photography and DIY. Boosted by the renewed confidence the group has given them as well as taster sessions at Oxford Brookes University some have even gone on to get further qualifications ; one is now a nurse, another a hairdresser and a third has just completed a course in business studies. The group runs every Thursday (term time only) from 10am-12pm in Rose Hill Children's Centre.

Littlemore Library News

By Sharon Ingram, Library Manager

COME and take full advantage of the computers we have. If you are an adult learner or a member of the public and would like to have a one to one session, please give us a call or just come into the Library.

We have a large area in the Library where you can study or just have some time to yourself. You could also hold local group meetings.

Our Summer Reading Challenge has been a great success this year with a lot of parents and children coming to our events, I would like to thank everyone who supported the Library. We have Rhyme-time every second and last week of the month please come and join us.

Our opening times are:

Monday 2.00pm – 6.00pm

Tuesday 2.00pm – 4.30pm

Thursday 9.30am –12.30pm

& 2.00pm – 4.30pm

Friday 9.30am –12.30pm

Saturday 9.30am –1.30pm

Littlemore Library

Oxford Academy Campus, Sandy Lane West, Littlemore OX4 5JY

E: littlemore.library@oxfordshire.gov.uk

T: 01865 714309

Halloween

AT TEMPLARS SQUARE

Tuesday 30th & Wednesday 31st
October 2012 * 1100-1500

Pumpkin giveaway

PLUs

Balloonatics

Balloon modellers
Wednesday 31st October 2012 * 1100-1500

Face painter

Wednesday 31st October 2012 * 1100-1500

TEMPLARS SQUARE
www.templarssquare.com
Shopping Centre

For more details visit our website:
www.templarssquare.com

129 Pound Way, Cowley, Oxford, OX4 3XH
Tel: 01865 748864

NEIGHBOURHOOD POLICING UPDATE

THE Neighbourhood Police Team for the Rose Hill, Littlemore and Iffley area is working hard to reduce crime and Anti Social Behaviour. Here are the latest updates regarding our current neighbourhood priorities.

■ DRUGS

A successful drugs warrant was executed in Rose Hill, under the misuse of drugs act. There was a large quantity of herbal cannabis seized and a man was arrested.

If you think that drugs are a problem in your area, please do not hesitate to contact your neighbourhood team on 101.

■ THEFT

There has been an increase of bicycle thefts in the Iffley and Littlemore area over the past few weeks. These have all been from sheds/garages.

There is a Police Operation in progress, this is called 'Operation Bombard'.

Operation Bombard is to help reduce crime in your area such as thefts and burglaries. To help reduce such crimes please ensure you keep your homes safe by securing the premises when you leave, leaving a light on and drawing your curtains if you go out can make it look like someone is at home. Also shut windows overnight especially on ground floors and lock non dwellings

such as garages and sheds. It is good practice to lock your bikes even though they are in a locked shed, this makes it more work for the thief and less appealing and please remember to take a note of your bike frame number, keep this safe at home. Advise a neighbour if you are going away for a while so they can keep a watchful eye on your home in your absence.

■ HAVE YOUR SAY

If you would like to voice your views please come and visit us on one of the dates below:

➔ Saturday 27 Oct between 6.00–800pm at Rose Hill office, The Oval.

➔ Friday 23 Nov between 5.00–7.00pm at Rose Hill office, The Oval.

■ ON A POSITIVE NOTE

The shifts patterns in which the Police neighbourhood team work have now changed. This will provide better coverage across the area throughout each 24 hour period.

One of the youths on Rose Hill who has an Anti-Social Behaviour Contract has been issued with a 'well done' letter from the Council, this is great news and we hope she keeps up the good work!

■ TWITTER

Keep up to date with crime where you live. Follow us on Twitter @tvp_oxford or like us on Facebook.

Rose Hill Junior Youth Club

Report by Jamie Clark
and Ali Hall



Hold the front page!

CRIS of "Stop Press!" were heard on 4 and 11 October, as printer Richard Lawrence and his printing press came to Rose Hill.

The Rose Hill Junior Youth Club were joined by Richard and his paints, fonts and designs for two weeks running, as the youngsters were treated to an interactive lesson in the printing press. Children designed, drew and then printed their own cards, by creating their designs on lino before the printing press printed it onto a paper card.

Richard has been printing letterpress for more than 30 years and has a company based in Hurst Street. Richard said: "It's been quite hectic but thoroughly enjoyable. Some of the children really looked to take pleasure in creating something of their own."

Richard's daughter, Rachel, helped out on the day and was impressed at how the quickly the children took to it. Jake, a young regular at the youth club said: "It's good because we get to take something home with us that we made by ourselves."



Photographs by Kasia Bus.

Hungry?



Photograph by Kasia Bus.

EACH week the children prepare a healthy tea. We have had some really tasty food including homemade pizzas, chicken and vegetable wraps, homemade tortilla chips, salsas, dips and smoothies. There is always something different on the menu, and we have enjoyed trying new foods and surprising our taste buds, as well as learning new ways of cooking and preparing food.

We are supported by Oxford Brookes nutrition student Sophie Parkinson who volunteers at the club, showing us exciting new ways to create healthy, affordable and yummy grub! We finish the session coming together to eat and talk about what's happened at youth club.

Local resident Lloyd Barrett also volunteers at the club every week, he gives his time and energy for free and is a great asset to the team.

Founder and Music Director
Marios Papadopoulos

Oxford Philomusica

In Residence at the University of Oxford

Sunday 21 October 2012
Oxford Town Hall, 3pm

FUNomusica Family Concert Animal Antics

Join us for a musical celebration of members
of the animal kingdom big and small!

Alasdair Malloy presenter

Pre-concert craft activities at 2pm
Concert ends 4pm
Most suitable for ages 4-10 but all the
family is welcome
Come dressed as your favourite animal!
Tickets adults £8 children £2

In partnership with



Box Office: 01865 980 980
www.oxfordphil.com

LET'S PLAY!

WE all love to play at Junior Youth Club, but why? Play excites, inspires, develops, challenges, raises confidence and, above all, it makes us feel happy and it's good for our physical and mental wellbeing.

Did you know that The United Nations states that children and young people have a right to play? If children do not play, it can have severe consequences for their physical and mental health, behaviour and wellbeing.

At Junior Youth Club children have the chance to choose their own play; we also have play workers who run games and activities such as space hopper wars, pedal racer routes, skipping challenges, penalty shootout, print making, cooking, dancing and much more. There is something for everyone!

Rose Hill Junior Youth Club meets every Thursday from 4.00–6.00pm at the Rose Hill Community Centre. The sessions are open to ALL children aged 6–11 years. To join the club just come along on a Thursday and fill in a membership form.



Photograph by Kasia Bus.

Taekwon-do in Rose Hill

THE Mount Everest Taekwon-do School in Rose Hill started at the request of the Nepalese community in April 2009.

Akash Rai 20, Binod Limbu 20 and Mishek Thebe 16 (classified as a junior) were the first students to attend the school (the founding students), and on 30 September became the school's first students to achieved their 1st Dan Black Belt.

Training at least twice a week for three years is about the average time it takes to achieve a Black Belt in Taekwon-do. With a combination of self-defence techniques, patterns, sparring, and the learning of theory and Korean terminology.

Taekwon-do is a sport, exercise and



Art that is practised the world over by students of all ages and genders.

There are usually three months between each grading, except when you reach the grade before Black Belt, when you are expected to spend at least six months perfecting techniques and the nine patterns

learnt up to that grade. Becoming a Black Belt means different things to each student achieving it, but it tells everyone viewing the wearer of the Belt that they have achieved proficiency in the Art of Taekwon-do. Some say it's when the real learning begins.

What is Oxfordshire Advocacy?

OXFORDSHIRE Advocacy is a free service that supports people to get their voice heard and their wishes taken into account. Volunteer advocates work with people who need support in a meeting, writing a letter or making a complaint, or making sure that correct procedures are followed.

A spokesman for Oxfordshire Advocacy said: "Our volunteer advocates work with people who need support in a meeting, writing a letter or making a complaint, or making sure that correct procedures are followed. They can help you prepare for a meeting with anyone providing you with a service; it might be your social worker, your doctor, landlord or employer and can attend that meeting with you. Advocates can also help you work out what your rights or choices are and support you to express them to the appropriate person.

"Our advocates also argue the case for some of society's the most vulnerable people such

as people with acquired brain injuries or advanced dementia who cannot speak for themselves. We try to ensure that these people remain at the centre of any decisions made around their life and support their carers to ensure they get all their services that they need."

Recently the service has provided advocates for:

- A man with severe depression to attend a medical assessment to check his eligibility for benefits
- A young woman with a learning disability to express her wishes about the future care of her child
- The wife of a man with dementia who is struggling to access enough support so that she can continue to look after him at home
- A man who wants to make some plans for the end of his life both in terms of the medical care and his burial plans
- A young woman who had a severe stroke and was unable to say whether she wanted to return to her partner's or her parents' home on discharge from hospital.

If you would like to find out more about getting advocacy help please contact us on 01865 741200 or visit www.gettingheard.org

Rose Hill Tenants and Residents Association

By Ray James, Chairman, Rose Hill Tenants and Residents Association.

HOW quickly the summer has gone, to be replaced by the dark evenings and cold weather of autumn. But all is not doom and gloom as latest figures from the Thames Valley police show a decrease in crime and anti-social behaviour on the estate, a welcome statistic for all residents who aspire to live on an estate that is a safe and pleasant place

to live; for too long Rose Hill has had a reputation of being one of "those" estates, and figures like these will contribute much to dispelling such a negative view.

Continuing the positive theme, in September, I responded to the open invitation to attend the Eid Party, my first, held at the Children's Centre and organised by the estate's Muslim community. For me it is a matter of regret that most of us know so little about our Muslim neighbours. The Eid party showed me what a buoyant

and vibrant community they are, and how their presence has the potential to enhance the lives of us all if only we all make the effort to get to know each other better. The organisers of the event deserve a public thank you for a very enjoyable few hours, may it continue for many years to come!

The new/refurbished community building debate continues apace with draft proposals being prepared as I write. Those proposals will be available for public view at a public presentation to be held at the Community Centre on Saturday 17 November from 10am until early evening.

As I mentioned in my last column, it is essential that as many residents as possible get involved in this process, attending the presentation, commenting on the draft proposals, and casting a preference vote either in support for a new building, or the refurbishment of the existing building.

Critical comment is often made about how Rose Hill fares badly, compared with other estates in the town, when it comes to getting new facilities; this is our opportunity to make sure any inequality, perceived or real, is put right!

CHURCH NEWS

St Mary's Church

Sundays

Every Sunday there are services at 8am, 10am and 6.30pm.

Fish and Chip Club

This is for primary school age children and younger. Meetings are held on Sundays during the 10 o'clock service. Parties will also be held at other times!

Christenings, Weddings and Funerals

It is your church so don't hesitate to get in touch if you want help with a christening, a wedding or a funeral.

Keep in touch!

Iffley church is a wonderful place. There are services every Sunday and outside the church

on the notice board are times and days of all the special services.

Inside the church is the monthly magazine with details of all that is going on. You can also go on the website: www.iffley.co.uk or become a friend on Facebook to keep in touch.

The church is open every day during the day to come and find some peace and leave us names and situations to pray about.

Vicar: The Revd Andrew McKearney
☎ 01865 773516
mckearney@windmillweb.net

St Mary's Iffley
The Rectory, Mill Lane,
Iffley, Oxford OX4 4EJ
www.iffley.co.uk

Rose Hill Methodist Church

AS WE venture into Autumn and the 'season of mists and mellow fruitfulness', it's time for the Harvest Festival! These days rather than people bringing loads of fruit and vegetables for the Harvest display, we encourage people to bring tins of food which have a longer shelf life. So the goods the congregation brought to Church were taken down to the Gatehouse in the city to those who truly need them.

Our Harvest Celebrations ended in the evening by sharing with our friends from St Mary's Church, Iffley in a 'Songs of Praise' service. It was good to hear why people had chosen particular hymns and how God had been close to them in both the good times and the bad

times of their lives.

If you would like further details about our worship or are interested in hiring any of our rooms, then please do get in touch.

Minister

Rev Rosemary Davies
Tel 01865 763676
Email : minister@limewalk.org.uk

Deacon

Deacon Carole Smith
Tel 01865 712880
Email : carole.smith316@gmail.com

Room bookings

Mr Jeremy Dawe
Tel 01865 779070
Email : Jeremy.dawe@gmail.com

Your local councillors and MP

City Councillors



Antonia Bance
Rose Hill and Iffley ward – Labour
☎ 01865 775603
E: cllrabance@oxford.gov.uk



Ed Turner
Rose Hill and Iffley ward – Labour
☎ 01865 778358
E: cllreturner@oxford.gov.uk

County Councillors



John Sanders
Cowley & Littlemore – Labour
☎ 01865 761856
E: john.sanders@oxfordshire.gov.uk



Gill Sanders
Cowley and Littlemore – Labour
☎ 01865 761856
E: gill.sanders@oxfordshire.gov.uk

Member of Parliament



Andrew Smith MP
Oxford East – Labour
☎ 01865 595790
E: andrewsmith.mp@virgin.net

Andrew holds advice surgeries in Rose Hill at the Rose Hill Community Centre on the first Friday of each month between 6.00 and 7.00pm.

Andrew sees all constituents but as surgeries are always busy it helps if you make an appointment—please ring 01865 305080 (also for details of other advice surgeries in the area).

Do you enjoy reading

Rose Hill News?

Then why not get involved in the next one?

We are always looking for local residents to write articles, send in pictures and help produce future issues of the newspaper.

To find out more call us on:
07770 324 277
or email:
rosehillnews@gmail.com

ROSE HILL NEWS SPORT

Lose weight and be a winner with Oxford United

A day in the life of an Oxford United fan

BY ORLITER

As long as we are United... WOW

I HAVE discovered that WOW spelt backward is WOW and moving the letters you get OWW which is very nearly OUCH. Now you may wonder how does this relate to the very famous, world renowned super football team known as Oxford United? I will try and explain.

The first month of the football season was a WOW period. The Yellows first competitive match in August was against AFC Bournemouth in a cup tie which was only decided by a penalty shootout Oxford stealing the glory as 5-3 winners. Quite an achievement as

Bournemouth play in a higher league and would be expected to advance to the next round.

However, the fans didn't get carried away as they have all seen the minnows beat the goliaths before and hoped to repeat the result away to Leeds United. But. It was not to be and in front of nearly a thousand travelling Oxford fans eventually lost 0-3. At this point United were looking very good having won four league games and topping the division at the end of August.

Then September and the OWW period started winning just one game and losing six. All was not disaster as the game that Oxford won was against arch enemies from Wiltshire who call themselves The Robins and are also in a higher

division.

Briggsy, my faithful furry friend wants to know why all Yellow supporters refuse to say S.....n and I have to explain that it is historical and has its roots in funny people raking out cheeses from a pond in moonlight! He wags his tail at the mention of cheese and continues his penalty shootout practise in the living room.

With the return to early season form, October bodes well having won two, drawn one and lost one. I wonder if this up and down form could take The Yellows to Wembley again having reached the last 16 courtesy of a 1-0 victory against the Moonrakers.

**Come on You Yellows.
More of the WOW please.**



Photograph: Kasia Bus

ARE you a football fan? Do you want to lose weight? Are you aged between 30 and 75? If so, Footie Fitness could help you achieve your goal.

Footie Fitness takes place every Wednesday at the Kassam Stadium, from 6.00pm to 8.00pm, and Oxford United Community coaches are on-hand to help you kick your flab into touch.

The ten-week programme is relaxed and informal, and offers men with a BMI (Body Mass Index) over 30, the opportunity to learn about healthy living whilst enjoying football focused coaching. There will be over an hour of physical training each week, and a weigh-in to see how you're coming

By Jamie Clark

along. A football kit is provided but you will need to bring your own shooting boots!

There are rewards too, as every man who finishes the course wins free tickets to an Oxford United match and gym membership for a month. The programme has been underway for a while now and has already proved successful.

So if you'd like to shift some pounds, what are you waiting for? Get stuck in, now!

**To find out more, visit
www.oxfordunited-yc.co.uk/footie-fitness
or phone 01865 337525.**

Business as usual for Rose Hill FC

DEFENDING champions Rose Hill Football Club have kicked off the new season in a similar manner to last season, and are still undefeated.

The new and much-changed side are top after just five games and have continued their undefeated run, which has lasted for an incredible 18 months. Daniel Johnson, Ash Barroso and recent arrival Ricardo Reid have been in fine form, finding the net on a regular basis.

By Jamie Clark

Manager, Steven Simmons, is confident that his team will be able to defend the Oxford City Premier League title, and is delighted at how his team have assembled themselves in such a short space of time. Steven said: "We found the start of the seasons quite difficult as we had a few new faces and we didn't have many pre season games. We struggled a bit with training due to the weather, but since then all the new players have

adapted well and there's a great team spirit growing."

After two draws in their first two games, confidence is sky-high after three successive victories saw Rose Hill leap to the top of the table. And after last week's 4-0 win away to rivals The George, the future looks rosy.

Rose Hill play every Saturday at 2.30pm, so if you fancy cheering the lads on, contact Steven on simofoxford@yahoo.co.uk

FOOTIE FITNESS

Every Wednesday 6pm - 8pm

www.oxfordunited-yc.co.uk 01865 337525

Oxford United, The Kassam Stadium, Blackbird Leys

Male....BMI over 30.....lose weight and become healthier with FOOTIE FITNESS

ATTEND FOR 10 WEEKS

WEEKLY FOOTBALL FOCUSED EXERCISE SESSIONS

HEALTHY LIFESTYLE TIPS AND ADVICE

Just come along!

Logos for Subway, NHS Oxfordshire, and other partners.