MAY 2020

EDITED BY AIMEE WINKFIELD

WORKING TOGETHER



Lydia Dixon (Oxford City Council) sorting food

LIST OF USEFUL CONTACTS

Anyone needing support whether that is for an emergency food parcel, help with collecting shopping, or other issues can contact: Oxford City Council-

01865 249 811

Rose Hill & Donnington Advice Centre-01865438634

AGE UK support & advice line: 01865 411 288

Oxfordshire Domestic Abuse **Helpline:**

> 0800 731 0055 (Monday to Friday) 10am to 7pm

24hr mental health support helpline Adults: 01865 904 997 Children & Young people: 01865 904 998

Donnington Doorstep Family centre support services: info@donnington-doorstep.org.uk Call:

01865 727721

Childline- Information about feelings, safety, abuse etc www.childline.org.uk/infoadvice/bullying-abuse-safety/

Online safetywww.thinkuknow.co.uk (Click support tools)

SUPPORTING THE CITY

Lizzie Couves - Oxford City Council

Rose Hill Community Centre has become a city-wide food depot, delivering over 400 emergency food parcels across Oxford.

In response to the pandemic, the building has turned into a Community Support Hub, helping people struggling to access food, checking in on self-isolating residents, and linking locals with volunteers, City Council help and other support organisations.

Life working at the hub has been both hectic and extremely rewarding. In one week, the hub helped over 130 Rose Hill residents with urgent food deliveries, medical supplies, shopping and friendly phone calls. If you need support contact us on the number listed on the left.

ROSE HILL STREET CHAMPIONS

During this crisis, residents have taken a lead in supporting their neighbours.

Most roads on Rose Hill have their own Street Champion, a lead volunteer who is a key contact and can arrange support.

Benedict is a Street Champion living in Rose Hill, he explained:

"Some people need emergency support, urgent food supplies or help with shopping. I can refer them to the 01865 249811 number, and help them if they have any difficulties. For example, there was someone who was self-employed and had no income for 3 weeks and needed food, I managed to get through to the Oxford City Council referral service number and ensure he got food delivered as soon as possible."

If you think you might like to volunteer to help you can sign up at <u>oxfordtogether.org</u> or contact the Rose Hill Group: rosehillcvhelp@gmail.com

FREE ONLINE TUTORING FOR CHILDREN

Children in Rose Hill can access free online tutoring through the Oxford Hub. You can refer your child for extra academic support, whether it's fun ways to improve literacy and maths at primary school or prepare for next year's exams. Tutors are trained and DBS checked volunteers from Oxford University, supported by local charity Oxford Hub. If you are interested in your child accessing this service you can email: Imogen - imogen@oxfordhub.org

If you would like to contribute to the next newsletter/website please email: aimee-rosehillnews@hotmail.com More content on the website: rosehillnewsonline.com



ROSE HILL JUNIOR YOUTH CLUB **ACTIVITY PACKS**



RHJYC have produced activity packs for over 120 children aged between 5-15. The packs are full of arts and crafts materials. puzzles, baking activities and much more.

For more info on how to sign up if you haven't already, message the Facebook page:



🚹 @RoseHillRP

RHJYC have also set up a YouTube channel with tutorials, to watch type in:

Rose Hill Junior Youth club

ROSE HILL OPEN MIC ON ZOOM

You can now watch, sing & play at a virtual open mic night! Follow the Facebook page: @RoseHillOpenMic. There you can find details on how to join via the Zoom app!

ROSE HILL **PRIMARY SCHOOL**

RH Primary school is very active on Facebook. They post content every day, from ideas for home learning, art projects, science activities, videos of teachers reading books and much more! To get involved, like the page:

@RoseHillPrimarySchool

RESIDENTS CORNER



Dandelion photographed on my daily walk.



Anxiety crept in during the evening lock down was first announced, something I haven't suffered from for over 15 years.

Why was I so scared and wanted to cry? Concern for my partner? He's a postman and has slight underlying problems.

I remember how eerie it was walking to work. There were no people and less traffic. All that was heard were the birds singing, but they sounded louder.

Once I had reached the school where I work at it seemed like a holiday break, no children, no cars in the car park.

Shops had put tape on the floor and queues formed outside the shops. People were panicking and shelves were constantly empty.

I remember queuing for the first time outside a store. By the time it was my turn to go in my shopping list was almost unreadable because I unknowingly scrunched the list in my hand.

ROSE HILL & IFFLEY LOW CARBON GROUP SEEDLING SHARE EVENT

SATURDAY 6TH JUNE <u> 10am-1pm</u>

What to do:

Take your daily walk to some of the addresses listed below and pick up some free seeds to grow in your garden!



Wear gloves and take a bag. If you have seedlings to give away, take your labelled seedlings with you.



When you find a table, take seedlings that you can grow, but only touch plants that you take. You can leave your own seedlings on the table.



Keep safe, don't knock on doors and keep 2 metres apart from other people!

Addresses:

- 43 & 70 Courtland Rd OX4 4HZ
- 75 Rose Hill OX4 4JR
- 31 Rivermead Rd OX4 4UE
- 17 Mortimer Rd OX4 4UQ
- 20 Cottesmore Rd OX4 4TY
- 431 Meadow Lane OX4 4ED
- 12 & 44 Cavell Rd OX4 4AS
- 11 Iffley Turn OX4 4HN
- 2 Egerton Road OX4 4JF

For a full list & to receive updates about other activities & news email: rosehill.iffley.low.carbon@gmail.com



@rosehillandiffleylowcarbon

TREV WILLIAMS

Lock down has been a lot of learning for me. I normally teach music in 3 schools, but when they closed, I had to move everything online.

So, I have been learning how to use Zoom, creating lessons on YouTube which I have called 'Lock down Lessons', for Guitar, Piano, Ukulele, Singing, Bass & Drums. You can watch these free on my website: www.TrevWilliams.co.uk

MARGARET ROPER

Life changed on March 23rd.

I would like to thank everyone who has helped us whilst we've been in isolation and to many others who have offered. Rose Hill has a great community!

STAY AT HOME, PROTECT THE NHS, SAVE LIVES!



I recently made a knitted poppy wreath to commemorate VE day, but you can knit different flowers. Follow my tutorial on: rosehillnewsonline.com