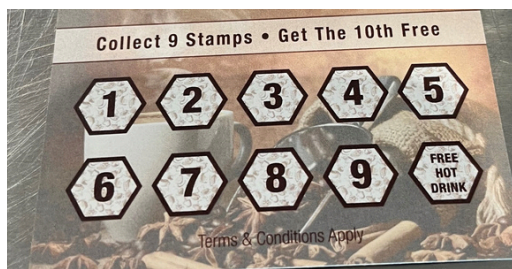




Zumba group enjoys the outdoor seating!



Rose Hill Café - Rose Hill Community centre

Introducing our new loyalty card scheme at Rose Hill Café!

Collect a stamp for every barista coffee you purchase and once you collect 9 stamps, get your 10th coffee for free!

Loyalty cards are available from the counter - just help yourself!

Tuesday is our hot meal deal day in the café!

£5, and includes a FREE dessert! All homemade and changes every Tuesday.

For regular menu updates, follow:

www.facebook.com/RHCCCAFE

RHJYC- Free Rose Hill Nature Day event

Everyone is welcome to attend our nature day event at Rose Hill Community centre on **Saturday 7th June, 12:30pm-2:30pm!**

Lots of fun nature activities and community stalls, arts and crafts, and a delicious hot lunch!

Join RHJYC for tours of the community woodland, plus tree challenges and prizes!

Visit rhjyc.org facebook.com/RoseHillJYC



Free wellbeing in nature sessions for adults

If you would like to spend time outdoors, meet new people, chat and even do some low-maintenance gardening, with some delicious refreshments, then please come along to my outdoor wellbeing sessions!

Meet me at Rose Hill Community centre at **10am on Thursdays**, and I will walk with you to our allotment.

If you would like to meet us there, you can drop in anytime up until 12:30pm, just come to the allotment gate located in Kempson Crescent, Littlemore.

You can send me an email or visit our page for my full contact details: megan@rhjyc.org / rhjyc.org/allotment-project

Our sessions are funded by Oxfordshire Community Foundation's Thriving in Nature fund.



↑ **Megan Harcourt**
Outdoor wellbeing coordinator at Rose Hill Junior Youth club

Rose Hill Methodist Church

Come along and join us on **Mondays**, for free from **2pm**, just down the road from the Rose Hill shops.

Meet new people, play some games and have some lovely refreshments!

We also have some great activities coming up:

16th June - Arts & crafts

14th July - Crochet



Our printing workshop in March

Community Cupboard

Wednesdays at the church, **1:15pm - 3:30pm**.

Referral based food bank, find out how to be referred via our website.

All are welcome from 3pm for a hot meal, drink and fresh surplus, no referral needed.

rosehillmethodists.org.uk

Afternoon tea party

Monday 9th June, 2-4:30pm

Join us for a delicious afternoon tea, the proceeds will go towards our refurbishment of the church kitchen and toilets.

For more info contact:

rosehillcommunitychaplain@gmail.com

Rose Hill Community Network

Do you live or work in Rose Hill?

Would you like to know what is happening where you live?

Come along and share your views, discuss local initiatives or just listen!

Join us online on the second **Tuesday** of the month, **7:30pm** on Zoom, email for details:

rosehillcommunitynetwork@gmail.com

If you would prefer a face-to-face community meeting, let us know!

Rose Hill Community Larder



facebook.com/RoseHillCommunityLarder

Tuesdays from 2:15pm - 3:45pm
at Rose Hill Community centre.

Members pay a small weekly subscription (£3.50), and each week, you can choose up to 14 grocery items, plus fresh fruit and vegetables!

We also regularly have special events, such as pop-up cooking demos and giveaways of household cleaning products and personal care items.

Sign up to become a member here:
www.sofea.uk.com/purpose-projects/community-larder

The Pause Project

Whether you're battling brain fog, wondering why your joints hurt all of a sudden, are struggling with sleep, maybe concerned about mood swings and anxiety, or just want to find out what to expect when you hit the perimenopause, The Pause Project offers you a welcoming place to find out more.

Come and join us for a cuppa and a chat - leave feeling heard, supported, more informed, and maybe even with a new friend!

Free resources available to take home, share stories, get support, information, and advice.

Stay for as little or as long as you like within our session times, no booking necessary, and sessions are FREE, funded by the Well Together programme.

To find out session dates and times (based at Rose Hill Community centre and in the city centre), please email Emma or visit our website:

emma@managingthemenopause.com

managingthemenopause.com/pauseproject

Rose Hill & Iffley Low Carbon

Put the next repair cafe in your diary now, everyone welcome!

It's on **Saturday 7th June, 10am-12:30pm** (last items accepted at midday).



Free repair of clothes, bikes, electricals and jewellery.



Bring-and-take of toys, toiletries and seedlings.



Energy saving advice and refreshments.



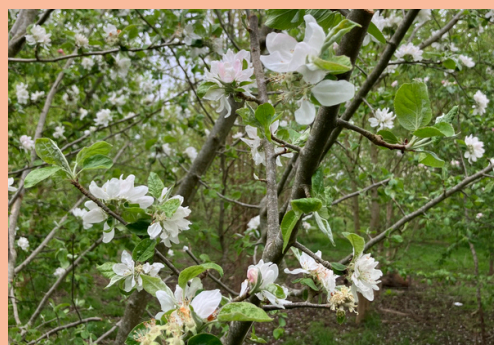
Pictures: Volunteers repairing our items!



Community Woodland Project

Our 800 trees on the RH recreation ground are doing very well!

We have pruned the fruit trees this spring, so there should be a good crop of apples for all of us to pick and enjoy in the autumn.



Picture: Apple Blossom on the rec

We want to make our woodland more accessible to everyone so we are working with Junior Youth Club and Oxford Arboretum on tree trails for children and adults.

We are now bidding for grants for: Tree identification boards, a picnic bench, signage and identification sheets for the tree trails.

To find out about our Crowdfunder, email:

rosehill.iffley.low.carbon@gmail.com

Court Place Gardens update

By Megan Lewis-Dewhurst

We're looking forward to welcoming a new cohort of postgraduate residents and their families to Court Place Gardens over the summer.

With many of our incoming residents arriving from overseas, we're working hard to ensure the site feels welcoming and connected to the wider community.

The pedestrian right of way through Rivermead to Eastchurch has now reopened, making it easier for both residents and local neighbours to pass through on foot.

While this route is accessible to the public, please note that the surrounding housing and shared areas remain private and are for residents only.

We're also still inviting artwork submissions that reflect Rose Hill and the surrounding area – from local landmarks to everyday moments of community life.

Selected works will be featured in a hopeful upcoming exhibition at Mansion House, and everyone is welcome to submit a piece, regardless of experience!

If you're involved in local groups or initiatives that residents might be interested in, or would like to send in artwork, feel free to get in touch with me at:

courtplacegardens@wearehomesforstudents.com.

Free cooking classes and support for adults

Would you like to learn how to cook healthy and tasty meals for yourself or your family?

We can support you one-to-one, or in a small group, it's your choice!

Our flexible sessions based at the community centre are relaxed, social and informative, so join us!

Contact: aimee@rhjyc.org
07983972519

Funded by Oxfordshire Community Foundation.